

## Meeting Breaks and Snacks

*It is important to take a break and recharge energy during meetings, seminars and training sessions. A good break helps concentration and commitment. We offer a wide variety of snacks, beverages and theme breaks to help make your event a success. Please select from our menu below or allow us to create a custom break for you.*

### A La Carte Snacks

#### Morning Breaks

<i>Fresh Daily Muffins and Danish</i>	<i>\$28.00 Per Dozen</i>
<i>Fresh Daily Mini Croissants with Butter and Fruit Preserves</i>	<i>\$29.00 Per Dozen</i>
<i>Bagels with Philadelphia Cream Cheese</i>	<i>\$29.00 Per Dozen</i>
<i>Individual Fruit Yogurts</i>	<i>\$1.50 Each</i>

#### Afternoon Breaks

<i>Freshly Baked Jumbo Cookies</i>	<i>\$20.95 Per Dozen</i>
<i>Fudge Nut Brownies and Blondies</i>	<i>\$20.95 Per Dozen</i>
<i>Granola Bars</i>	<i>\$18.00 per Dozen</i>
<i>Protein Bars/Atkins Bars</i>	<i>\$35.50 per Dozen</i>
<i>Whole Fruit</i>	<i>\$23.50 per Dozen</i>
<i>Bags of Chips, Pretzels, and Peanuts</i>	<i>\$18.00 per Dozen</i>
<i>Jumbo Soft Pretzels</i>	<i>\$23.00 per Dozen</i>
<i>Assorted Candy Bars</i>	<i>\$21.00 per Dozen</i>

#### Beverages

<i>Coffee, Decaffeinated Coffee and Hot Tea</i>	<i>\$3.95 Per Person</i>
<i>Coffee, Decaffeinated Coffee or Hot Tea</i>	<i>\$34.00 Per Gallon</i>
<i>Pitchers of Iced Tea, Punch and Sodas</i>	<i>\$3.95 per Person</i>
<i>Hot Chocolate</i>	<i>\$34.00 Per Gallon</i>
<i>Individual Sodas</i>	<i>\$2.00 Each</i>
<i>Bottled Waters</i>	<i>\$2.45 Each</i>
<i>Tropicana Bottled Juices and Gatorade</i>	<i>\$2.75 Each</i>
<i>Red Bull</i>	<i>\$3.45 Each</i>

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*All Banquet Functions will be charged a 19% Service Charge and Applicable Sales Tax*

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*Holiday Inn Gaithersburg, Maryland  
2 Montgomery Village Avenue  
Gaithersburg, Maryland 20879  
Direct Catering Line 240-238-1107  
Phone 301-948-8900 Fax 301-926-6056  
www.higaitersburg.com*

## **Specialty Breaks**

### **Cookie Corner**

*Freshly Baked Chocolate Chip, Oatmeal Raisin  
White Chocolate Macadamia Nut Cookies  
Fudge Nut Brownies and Blondies  
Assorted Sodas, Bottled Waters  
Freshly Brewed Coffee, Decaffeinated Coffee and Assorted Hot Teas*  
\$6.95

### **Chocolate Delight**

*Freshly Baked Chocolate Chip Cookies  
Fudge Nut Brownies  
Sliced Fruit and Strawberries with Chocolate Fondue  
Assorted Candy Bars  
Hot Chocolate with Whipped Cream  
Freshly Brewed Coffee, Decaffeinated Coffee and  
Assorted Hot Teas*  
\$10.95

### **The Health Nut**

*Fresh Whole Fruit  
Granola Bars  
Dried Fruits, Mixed Nuts  
Individual Fruit Yogurts  
Fruit Juices, Bottled Waters  
Freshly Brewed Coffee, Decaffeinated Coffee  
Assorted Hot Teas*  
\$8.95

### **Low Carb Break**

*Assorted Atkins and Protein Bars  
Antipasta Display with Artichoke Hearts, Grilled Peppers, Zucchini, Yellow Squash,  
Mushrooms, Salami, Pepperoni, Marinated Roma Tomatoes, Proscuitto,  
Provolone and Mozzarella Cheeses.  
Diet Sodas Bottled Waters  
Freshly Brewed Coffee, Decaffeinated Coffee and Assorted Hot Teas*  
\$12.95

### **Pizza Hut Sampler**

*Selection of Freshly Baked Cheese, Pepperoni,  
and Veggie Lovers Pizza Hut Pizzas  
Seasoned Breadsticks with Dipping Sauce  
Assorted Sodas  
Freshly Brewed Coffee, Decaffeinated Coffee  
Assorted Hot Teas*  
\$8.75

### **Taste of Tijuana**

*Tri-Colored Tortilla Chips with Salsa  
Queso Dip, Guacamole, Sour Cream  
Assorted Sodas, Bottled Waters  
Freshly Brewed Coffee, Decaffeinated Coffee and  
Assorted Hot Teas*  
\$7.25

### **The Ballpark**

*Jumbo Soft Pretzels with Spicy Mustard  
Buttery Popcorn, Caramel Popcorn  
Whole Roasted Peanuts  
Bottled Waters, Assorted Sodas  
Freshly Brewed Coffee, Decaffeinated Coffee  
Assorted Hot Teas*  
\$8.50

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## ***Corporate All Day Meeting Break Package***

*7:00 am – 9:00 am*

### ***The American Continental***

*Breakfast Bakeries to include Danish, Muffins, and  
Croissants with Butter and Fruit Preserves*

*Fresh Sliced Fruit*

*Coffee, Decaf, Assorted Hot Teas and Chilled Fruit Juices*

*10:00 am*

### ***Refresh***

*Granola Bars and Whole Fruit*

*Refresh Coffee, Decaf, Assorted Hot Teas*

*Add Sodas and Bottled Water*

*2:00 pm – 3:00 pm*

### ***Afternoon Break***

*Refresh Coffee, Decaf, Sodas, Bottled Water*

*Add Cookies and Assorted Candy Bars*

*Bags of Chips, Pretzels, and Peanuts*

*\$23.95 per person*

*Add plated lunch starting at \$13.95 per person*

*Add buffet lunch starting at 17.25 per person*

*(Buffets are a 25 person minimum)*

*\*\* If your meeting is more than one day we will make changes so there is a variety each day\*\**

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*11/03*